

# INDEPENDENT LIVING

Independent living residences are for seniors who wish to maintain independence while living in a private space. Also known as senior or retirement communities, they are designed for those who require little, if any, assistance with activities of daily living such as dressing and bathing.

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## TYPES OF INDEPENDENT LIVING RESIDENCES:

- HOMES
- STUDIOS
- APARTMENTS

## INDEPENDENT LIVING IS BEST FOR:

- ✓ Those needing minor assistance with activities of daily living
- ✓ Those desiring a residence not requiring much maintenance or upkeep
- ✓ Those who desire nearby activities or socializing opportunities

**89%**  
OF INDEPENDENT LIVING RESIDENTS RATE THEIR OVERALL SATISFACTION AS GOOD OR EXCELLENT.

**COSTS**  
**\$1500-\$3500**  
**PER MONTH**

**REPUTATION, RECOMMENDATION, AND LOCATION ARE IMPORTANT WHEN CONSIDERING A PROPERTY.**

**AMENITIES**

|                   |               |
|-------------------|---------------|
| Dining Hall       | Swimming Pool |
| Fitness Center    | Tennis Court  |
| Clubhouse         | Golf Course   |
| Recreational Area | Dog Park      |

**SERVICES**

|                         |                |
|-------------------------|----------------|
| Laundry Services        | Spa and Beauty |
| Basic Housekeeping      | Barber Salon   |
| Transportation Services | Meal Service   |

**ACTIVITIES**

|                 |                 |
|-----------------|-----------------|
| Arts and Crafts | Movie Nights    |
| Events          | Game Nights     |
| Hobby classes   | Fitness Classes |

**Note: Not all Independent Living Communities offer these amenities, services and activities.**

**INDEPENDENT LIVING COSTS SIGNIFICANTLY LESS THAN A NURSING HOME OR ASSISTED LIVING.**